



P.6 CRE NOTES FOR TERM ONE

TOPIC: GOD CREATED ME (7 PERIODS)

SUB-TOPIC: MY UNIQUENESS AS A CHILD OF GOD.

WEEK 1

Lesson 1

PHYSICAL UNIQUENESS.

- 1- To be unique is to be different from one another.
- 2- Physically we as human beings we are unique in the following ways;
 - In size
 - In sex
 - In tribe
 - In height
 - In skin colour
 - In behavior
 - In temper
 - In wisdom
 - In wealth, etc.
- 3- We should also learn that each person has his own strengths and weaknesses.

Examples of people's strengths-

Being intelligent

- Being empathetic
- Being kind

- Being loving
- Being generous □ Being careful.

Examples of people's weaknesses.

- Being arrogant
- Being greedy
- Being corrupt
- Being selfish
- Being a thief
- Cheating in exams

Ways people were created differently from other creatures

- People have a more developed brain than other creatures.
- People were created in God's image unlike other creatures.
- People were created physically by God while other creatures were created by the power of God's word. "Let there be" (Gen: 1:3, 26)
- People were created to take care of God's creation and not the creation to take care of man.

Lesson 2

TALENTS (Matthew 25:14-30)

- 1) A talent is a God given gift.
- 2) People are meant to use this/ these talents to better themselves and others.
- 3) Examples of talents given to people by God include:-
 - Singing (examples of singers)
 - Dancing (dancers)
 - Preaching (preachers)
 - Mobilizing others
 - Running (runners)
 - Curing for other (doctors)
 - Teaching (teachers)
 - Leadership (leaders)
- 4) **How to use our talents to benefit others.**
 - One can get money from music to help orphans.
 - One can preach to sinners to avoid hell.
 - One can teach others so as to get a job.
 - Doctors can treat the sick to have good health.
 - One can use his talents to provide entertainment to others.

- One can use his talent to bring pride to his/her country.

5) How people benefit from their talents.

- They earn a living (money)
- They earn a name (celebrity)
- They travel widely (exposure)
- They discover themselves / knowing one self □ They gain person property.

6) Ways people have misused their talents.

- Some musicians sing songs that promote immorality.
- Dancing while naked
- Doctors give wrong medication to patients.
- Leaders use their powers to oppress others.
- Preacher over ask for money from their followers.

ways people are similar to one another

a) People have the same sex either male or female.

b) People have five senses each e.g.

- Sense of touch
- Sense of smell
- Sense of hearing □ Sense of sight □ Sense of taste.

Lesson 3

How do people use their senses well?

- People use the eyes to read the bible
- People use the eyes to avoid dangerous situations.
- People use the eyes to appreciate the beautiful parts of God's creation.
- People use the ears to listen to good advice from others.
- People use the ears to listen to God's word.

Ways how people misuse their senses.

- People use hands to steal.
- People use hands to have wrong touches.
- People use eyes to desire other people's things with wrong intensions. □ People use the tongue to speak evil and destroy peace (James 3:1-12) □ People use the eyes watch and read pornography.

ADOLESCENCE

1. Who is an adolescent?

It is a person between childhood and adulthood.

2. Facts about adolescents.

- They grow fast in height and size.
- Pubic and arm pit hair begin to grow.
- Girls begin to menstruate and their breasts start to enlarge.
- Boys become muscular especially around the shoulders and legs.
- Girls mainly become shy as boys become aggressive.
- Boys begin to experience wet dreams and develop deep voices. NB: Such growth during adolescence makes us unique.

3. Social uniqueness

Examples of social uniqueness include;-

- Some people are talkative while others are reserved.
- Some people are cheerful while others are moody.
- Some people can easily make friends while others have difficulty in making friends.
- Some people are loved by many while others are hated by many.
- Some people have both parents while others are orphans.
- Some people live in urban areas while others live in villages.

4. How do places where we live make us socially different/unique?

The way we dress and eat is highly determined by the places where we live.

5. Characteristics of adolescents.

| Boys | Girls |
|---|---|
| <input type="checkbox"/> Boys become muscular especially around the shoulders and legs. | <input type="checkbox"/> Girls breasts begin to enlarge |
| <input type="checkbox"/> Boys develop deeper voices | <input type="checkbox"/> Girls begin to menstruate |
| <input type="checkbox"/> Boys get wet dreams | <input type="checkbox"/> Girls develop soft voices. |

WEEK 2

Lesson 1

RELATIONSHIPS BETWEEN OTHER PEOPLE AND MYSELF

1. No man is an Island on earth.
2. People need one another so as to live happily on earth.
3. The different people you need to relate with are;
 - Parents/ Guardians
 - Teachers
 - Friends
 - Workmates
 - Other relatives.

4. How can we have good relationships?

- Being kind and loving
- Being helpful
- Being concerned
- Being obedient
- Being trust worthy
- Forgiving one another
- Respecting other
- By sharing things with others.

5. What spoils good relationships with others?

- Being selfish
- Being unkind and unloving
- Corruption
- Being disrespectful
- Being disobedient
- Failure to forgive (Matt: 27:21-35)

NB: Parents have to behave well towards their children, treat them fairly and bring them up with Christian discipline and instruction. (Eph 6:1-4)

6. Ways we can be considerate and have respect for others.

- By sharing ideas.
- By being loyal
- By being ready to forgive
- By being kind and sharing.
- By understanding one another
- By sharing facilitates
- By being open to one another

Lesson 2

CONSIDERATION AND RESPECT FOR OTHERS

1. Categories of people who need our respect and consideration.

a) At home;

- Parents / guardians
- One's followers (young ones) - Elder brothers and sisters (siblings) - House helpers.
- Sick – adopted children

b) At school

- Teachers
- Prefects
- Form captains
- Cleaners
- Cooks
- Gate keepers
- Secretaries
- Librarians
- School bursars - Infants.

c) In the community

- Elderly
- Destitutes (street children)
- People with disabilities
- Refugees
- Displaced people.

2. How to have positive attitude as a youth towards other people.

a) A youth is a person between 18 to 30 years according to Ugandan's constitution.

b) As a youth you should use your energy in productive work to serve others positively e.g.

- Helping the needy.
- Cleaning the compound at school and home. - Washing utensils - Visiting the family farm.
- Visiting the needy people.
- Mopping the house.

Biblical teaching towards consideration and respect for others.

How Jesus showed respect and consideration for others.

- He prayed for them.
- He healed the sick (Mark 1:21-45)
- He protected the sinners (John 8:1-11)
- He forgave the sinners (Luke 19:1-10, John 4:1-20)
- He loved little children (Mark 10:13-16) □ He fed the hungry (Luke 9:10 -18) □ He blessed people around him.
- He preached to the people.
- He raised the dead.
- He taught people how to pray (Luke 11:1-18)

Lesson 3

WORK

1. What do you understand by the term work?

Work means the use of physical strength or mental power in order to do something.

2. Why do people work? □

To get food.

- To take care of God's creation
- To get money
- To serve others.
- To enjoy better life in future.
- It is a punishment from God (Gen 3:14 -21)

3. Different types of work the youth can do.

- Some can be Doctors.
- Some can be Lawyers
- Some can be Engineers
- Some can be farmers
- Some can be builders, cooks, pilots, etc.
- Some can be teachers.
- Others can be pastors.

VALUE, DIGNITY, AND JOY OF WORK

1. Work is not a punishment. In the creation story, God spent six days creating the earth and everything in it. (Gen 1:3, Eph 4:28)
2. In order for man to share in development of the Universe and care for his creation, God needs Christians to work.

The account of God's creation.

What did God create on each of the following days?

| Day | God's creation |
|---------------------|-----------------------|
| 1 st day | |
| 2 nd day | |
| 3 rd day | |
| 4 th day | |
| 5 th day | |
| 6 th day | |

WEEK 3

Lesson 1

REASONS WHY PEOPLE SHOULD HAVE VALUE AND JOY IN WORK

- People should work in order to serve others. □ Work helps us to survive by earning a living. □ Through work we care for God's creation □ Through work we make new inventions.
- Work helps us to promote development and improve standards of living.

POINTS TO REMEMBER IN DEVELOPING POSITIVE ATTITUDE TOWARDS WORK

- Through work we glorify God.
- Work is for our own good, for our families and communities we live in.
- We need to respect all kinds of work.

- We must work hard, honestly and responsibly.
- You need to treat fellow employees well.
- You need to respect your employers.

CHALLENGES ASSOCIATED WITH WORK

- Some employers don't pay their workers in time.
- Some work is so dirty and hazardous to our health.
- Some work needs tools which might not be available.
- Some work contradicts with God's commandments e.g. Army and Police work where you can't avoid killing.
- Some employers deprive their employees freedom to rest because of work.
- Some work is in risky areas e.g. in mines and war torn areas.

BIBLICAL TEACHING ABOUT WORK.

- We see in Genesis 1 that God was the first worker ever.
- Jesus as a youth, he worked with his foster father Joseph to work in the carpentry workshop.
- Jesus as an adult, he preached, taught people, healed the sick and the disabled (Matthew 8,9:18 - 28)
- In Luke 4:40-44, Jesus' apostles did various types of work e.g. fishing, tax collecting, etc.
- In Thessalonians 3:8-12, Paul says that if one will not work, let him not eat.

HOW WORK CREATES JOY

- Work kills boredom.
- Work makes our bodies healthy.
- Work earns us respect from the society.
- Work helps us earn a living which in turn makes us able to meet our needs.

Topic 2 : EVIL & SUFFERING (11 periods)

Lesson 2

What is suffering?

This means to feel pain, worry, sorrow or discomfort.

Forms of suffering

a) Physical suffering

This is the suffering which affects our bodies e.g. legs, eyes, arms, internal body organs or any physical parts of the body.

b) Emotional suffering

Emotions are strong feelings.

Emotional suffering is the one which rises from one's mind.

c) Spiritual suffering

This is the suffering which affects one's soul.

d) Mental suffering

This is caused by mental illness.

e) Social suffering

This is suffering which affects one's relationship with others.

f) Economic suffering

This is the suffering caused due to lack of financial resources.

GENERAL CAUSES OF SUFFERING

- Wars
- Sickness
- Failure
- Frustration
- Imprisonment
- Disability
- Worries.
- Hunger/starvation
- Accidents
- Torture
- Disobedience
- Poverty
- Conflicts
- Loss of loved ones.

EFFECTS OF SUFFERING

- Hatred □ Stress.
- Fear
- Poor health
- Body injuries

- Theft
- Unhappiness
- Insanity
- Poor housing

Lesson 3

ORIGIN OF SUFFERING (GEN 3)

- It all started when Adam and Eve ate the forbidden fruit.
- We see God passing judgment against the three parties that got involved in the eating of the forbidden fruit.

SNAKE (SEPRENT)

- To eat dust
- To crawl on its belly
- Its offspring and those of the woman became enemies.

WOMAN (EVE)

- To have trouble during pregnancy.
- To have pain during child bearing.
- To be subject to man
- Her offspring and those of the snake to be enemies.

MAN (ADAM)

- To work hard in order to get food.
- To eat wild plants.
- To die and go back to the soil.

EFFECTS/CONSEQUENCES OF MAN'S SINNING TO THE WORLD TODAY

- People work hard to get food.
- People die and they are buried.
- People (women) produce with a lot of pain.
- Women are subject to men.

WEEK 4

Lesson 1

In which way has HIV/AIDS been a form and cause of suffering

- HIV/AIDS has led to loss of lives (death)
- It has led to poverty since the drugs are very expensive.
- It has led to unhappiness in many families.
- It has increased on the number of orphans.
- It has led to loss of productive labour force.
- People with Aids have physical pain.

In which way can election malpractices cause suffering?

- It has led to bad governance.
- Has led to violence through beating of people.
- Has led to riots where sometimes people are struck by tear gas.
- Some people have been denied their rights of being leaders.

Qn. Write PIASCY in full**What is Teenage Pregnancy?**

These are pregnancies got between the age of 13 -19 years.

In which way can teenage pregnancies be a cause of suffering?

- Many teenagers have lost their lives.
- Many children have been neglected which has led to malnutrition.
- It has led to an increased number of street children who increase on crime rate.
- Being chased away from home.
- Loss of education (school dropouts)
- Loss of parental love by pregnant teenagers.

Lesson 2**How Jesus shared in the suffering of others (John 8:1-11) □**

He died to win forgiveness of the sins of all mankind.

- By saving the adulterous woman from being stoned to death.
- He forgave the sinners and ate with them.
- Jesus healed the sick.
- He raised the dead. (Read the Bible) □ He made the lame walk.
- He fed the hungry.

Lesson 3

What Biblical facts show that Jesus was human?

- He was born (Matthew 1:8-24)
- He was tempted (Matthew 4:1-11)
- He got tired and needed rest. (John 4:6)
- He wept on losing his friend Lazarus (John 11:35)
- He was angered by traders, doing business in church and had to beat them and threw them out of church (Matthew 21:12)
- He feared death and asked God to save him. (Matthew 26)
- He died (Matthew 27:50)
- He became hungry (Matthew 21:18)

What is incarnation?

Is the existence of God in human flesh as Jesus Christ.

WEEK5

Lesson 1

How can personal irresponsibility cause suffering?

- Driving under the influence of alcohol may lead to road accidents.
- Keeping petrol in our houses may lead to fire outbreaks.
- Misuse of drugs may lead to death, madness.

How can we share in suffering of others?

- By caring for the sick.
- By praying for them.
- By comforting them.
- By encouraging people who are suffering.
- By helping people who have problems.
- By respecting and protecting the rights of those suffering.

How can we prevent social evil in our societies/suffering?

- By guiding and counseling others to avoid bad behavior.
- By praying for and comforting people in times of trouble, sorrow and difficulties.
- By respecting people's rights.

How can we respond to suffering as Christians?

- Through praying daily.
- We should not despair.
- By following Jesus' examples.
- By creating friends to assist one another.

Ways of caring for the suffering in our community

- By looking after the sick.
- By counseling people suffering.
- By visiting the hospitalized.
- By reaching out to the war victims.
- By giving food to the hungry.
- By giving shelter to the displaced.

Lesson 2

Give examples of people who suffered in the Bible.

- Job (Job 1: 13-22)

How did Job suffer? (Job 1:13) □

He lost his children.

- His wealth was destroyed. He suffered from diseases

Lesson 3

- Stephen (Acts 1: 54-60)

How did Stephen suffer?

- He was stoned to death.
- He was arrested and thrown to prison.

WEEK 6

Lesson 1

- Hannah (1Sam 1:1-28)

How did Hannah suffer?

- She was childless up to a late age.
- She was mocked by her co-wife.
- She was always given less attention and property by her husband because she was barren.

Topic 3: GOD CALLS HIS PEOPLE (10 periods)

Lesson 2

THE NEED FOR A REDEEMER

How have the people broken their relationship with God? □

By sinning.

Which people committed the first sin?

- Adam and Eve.

How did God reconcile with man?

He sent his son Jesus Christ to restore the relationship between man and God. (Col 1:22)

Who is the redeemer according to the Bible?

Jesus Christ

GOD CALLS HIS MESSENGERS

God called different people to take his messages to both the faithful and unfaithful people.

Some messengers who received God's call included?

□ Abraham □ Joshua.

- John the Baptist.
- Hosea □ Moses
- Gideon
- Jeremiah
- Isaiah

Lesson 3

God calls Abraham (Gen 12:1-4)

- When God called Abraham, he accepted/responded positively.
- He agreed to do what God wanted him to do.
- He agreed to leave his native land and go to a country that God would show him.
- God made a covenant with Abraham.

What is a Covenant?

This is an agreement between God and his people.

What Covenant did God make with Abraham?

- To bring blessings to Abraham's people.
- To give him many descendants.
- To make Abraham's descendants a great nation.

How did Abraham demonstrate his faith to God?

- He agreed to leave his homeland and went to the land God promised him.
- He accepted to sacrifice his son Isaac.

WEEK 7

Lesson 1&2

GOD CALLS MOSES (EXODUS 3:1-20)

Where was Moses before he was called by God?

On mountain Sinai also known as Mt. Horeb.

What was Moses doing on Mt. Horeb?

- He was looking after the flock of his father in law Jethro
- God had seen his people suffering in Egypt where they had been held captive.

Why did God call Moses on Mt. Sinai?

To go and rescue the Israelites out of slavery in Egypt.

NB: Moses led the Israelites out of slavery in Egypt but never reached the promised land.

Who led the Israelites into the promised land of Canaan? Joshua.

Moses received the ten commandments on Mountain Sinai from God.

Where did Moses die from? (Deuteronomy 34)

From the plains of Moab unto the mountain of Nebo.

Reasons why Moses was chosen by God to lead his people (Israelites) out of slavery.

- He was courageous/brave
- He was obedient/faithful and respectful.
- To show God's might power.
- To fulfill God's promises to his people.

Lesson 3

The plagues

Read Exodus 7:14-25,8,9, 10 & 11 and write the ten plagues God sent to the people of Egypt when the Pharaoh refused to release the Israelites.

WEEK 8

Lesson 1

GOD CALLS JOSHUA (Jos. 1:1-9)

Moses died before reaching the Promised Land.

Joshua was chosen by God to lead the Israelites into the Promised Land.

GOD CALLS JOHN THE BAPTIST (LUKE 3:3-6)

John the Baptist was sent to prepare the way for the coming of the Messiah. (Saviour)

What message did John the Baptist preach?

He preached the message of repentance.

Why did John the Baptist baptize people?

-For their sins to be forgiven.

-To prepare them for the coming of the Messiah -To make the scriptures come true.

Lesson 2&3

GOD CALLS ISAIAH AND JEREMIAH.

Where was Isaiah when God called him?

- He was standing in front of the altar in the temple of Jerusalem.
- Isaiah prophesied the coming of the Messiah.
- Jeremiah was very young when God called him. (Jeremiah 1:10-19) □ Jeremiah foretold the destruction of Jerusalem and the exile of the Israelites.
- He is referred to as the prophet of doom.

How do people communicate to God?

- Through prayers.
- Through praise and worship.
- Through mediation and recitation of religious messages.

How does God communicate to the people?

- Through dreams.
- Through revelations.
- Through religious leaders/messengers.
- Through the Bible

Importance of Bible reading

- Reading the Bible keeps us in harmony with God.
- Reading the Bible give us peace and love for God and people.
- Bible reading gives us wisdom, courage and strength.

NB: Jesus said "I am the way, the truth and life. No one comes to the father except through me." (John 14:6)

WEEK 9

Lesson 1

(Jeremiah 23:40)

Advantages of listening to God's messengers in the Bible □

It helps us to know things which are above our consciousness □

It helps us to learn the truth about God and Jesus Christ.

- It guides us so that we get salvation.
- It gives us patience, confidence, courage and tolerance.
- It gives us hope.
- It enables us differentiate between true prophets and false ones.
- It helps us to live in union with God.

Message to Mary

Which Angel brought the message to Mary from God?

Angel Gabriel.

What message did Angel Gabriel bring to Mary?

The message of giving birth to a savior.

Why was Mary afraid?

She was still a virgin.

How did Mary respond to God's call?

"I am God's servant. May it happen to me as you have said"

Activity; Children will learn a Kiganda song “ NZENDIMUZAANA WAMUKAMA KIBE KUNZE NGA BWOGAMBYE”

As a Christian, what do you learn from Mary’s response? To be obedient to God.

Lesson 2

How to accept the Savior in our daily lives.

- We should follow God’s commandments.
- We should repent and ask for forgiveness.
- We should be faithful and trustworthy.
- We should seek guidance from the Holy Spirit.
- We should pray to God for guidance and strength.

Why does the world need a redeemer?

To restore the broken relationship between God and his people.

What is God’s message for his people today?

- To repent their sins.
- To love one another.

Give examples to God’s messengers today

□ The Priests. □ Teachers □ Parents.